



## SPEAKING PROGRAM DESCRIPTIONS

### **CHRIS HERREN: THE FIRST DAY**

**Presentation Time:** 1 Hour and 15 Minutes

**Audience:** School Assemblies

Designed for school presentations, this 75-minute assembly will start with a film presentation highlighting Herren's basketball career and journey to sobriety. Upon conclusion of the film, Chris will take the microphone and share experiences that have impacted his life as a teenager, athlete and speaker, empowering the audience to rethink how we look at the disease of addiction, from the last day to the first. He will touch on such topics as drinking, smoking marijuana and vaping, pill use, peer pressure, bullying and cutting. To conclude the event, he will field questions from the audience.

### **PREVENTION STARTS WITH ALL: THE CHRIS HERREN STORY**

**Presentation Time:** 1 Hour

**Audience:** Community Presentations, Conferences

In this very personal presentation, Chris will share his recovery journey in a brutally honest format with just a microphone. The event will start with a 5-minute film introducing Herren and showing highlights of his basketball career and his dream to play in the NBA which began to unravel by making a few bad decisions. From growing up in Fall River, MA to playing Division 1 basketball and in the NBA, he will take the audience on his journey from addiction to sobriety. Additionally, he will relate his story to the audience addressing themes of gateway drugs, prescription drug use, vaping and the responsibility of prevention starting with us all. To conclude the event Chris will field questions from the audience.

### **CHRIS HERREN: THE GAME HAS CHANGED**

**Presentation Time:** 1 Hour

**Audience:** Corporate

In this very personal presentation, Chris will share his recovery journey in a brutally honest format with just a microphone. The event will start with a 5-minute film introducing Herren and showing highlights of his basketball career and his dream to play in the NBA which began to unravel by making a few bad decisions. From growing up in Fall River, MA to playing Division 1 basketball and in the NBA, he will take the audience on his journey from addiction to sobriety. Additionally, he will relate his story to the audience addressing themes of resiliency and real-life examples that it is never too late to reach for your dreams. Dreams require hard work, repetition, follow through, being ready to rebound in the event you falter and preparing your game plan for the win. To conclude the event Chris will field questions from the audience.

### **CONTACT INFORMATION:**

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